

Identity:

Title: Professor

Family Name(s): Abid

First Name(s): Leila

Age: 46 yo

Photo:**Application for the following position in the HFA Board or Nominating Committee:**

Ordinary Nominating Committee members

Place of work

If you work in multiple places, please provide the one where you spend the most time or that you consider to be your main place of practice.

Institute/organisation: Hedi Chaker University Hospital , Medecine University of Sfax

Department: Cardiology

Address: Sfax

Post code / Zip: 3029

Country: Tunisia

General Curriculum Vitae (500 words max)

Please also include your H index and top 5 to 10 publications in the last 5 years

Professor, Head of the Department of Cardiology, Hédi Chaker University Hospital & Sfax University Medical School, Sfax, Tunisia

Prof. Abid is an interventional Cardiologist practicing at the Hédi Chaker University Hospital in Sfax, Tunisia. She is the Past President of the Tunisian Society of Cardiology and Cardiovascular Surgery (STCCCV), The president of the Tunisian college of cardiology and CV Surgery and the past President of the Association of Cardiovascular Doctors of Sfax (AMCV). She also develops and/or coordinates post-graduate Masters courses at Sfax University Medical School (Hypertension, echocardiography,...). As a seasoned researcher, Prof. Abid is currently the main coordinator of the NAtional Tunisian REgistry of HyperTensioN (NATURE-HTN) in Tunisia. The main responsible of the National Tunisian Registry of Percutaneous Coronary Angioplasty (NATURE-PCI)... . She is also the coordinator the NATURE-Heart Failure and a member of on the steering committee for and NATURE-Atrial Fibrillation registries and is an investigator in two further international registries: FAST-MI (investigating outcomes in patients with ST-elevation myocardial infarction) and EURO-ENDO (the European Society of Cardiology's international registry of care and outcomes in patients infective endocarditis). Prof. Abid has authored over 120 national and international scientific publications (H index Scopus=19). She is Editor-inChief of the Tunisian Journal of Cardiology and is a Reviewer for many international journals such as the International Journal of Cardiology, the Journal of Clinical Ultrasound, and the Journal of Advances in Medicine and Medical Research, frontiers. Her professional memberships include: the European Society of Cardiology (where she is also a Fellow), the French Society of Cardiology, the European Association of Cardiovascular Imaging and the American College of Cardiology

[Sulodexide Significantly Improves Endothelial Dysfunction and Alleviates Chest Pain and Palpitations in Patients With Long-COVID-19: Insights From TUN-EndCOV Study.](#)

Charfeddine S, Ibnhadjamor H, Jdidi J, Torjmen S, Kraiem S, Bahloul A, Makni A, Kallel N, Moussa N, Boudaya M, Touil I, Ghrab A, Elghoul J, Meddeb Z, Thabet Y, Ben Salem K, Addad F, Bouslama K, Milouchi S, Hammami R, Abdessalem S, **Abid L**. *Front Cardiovasc Med*. 2022 May 12;9:866113. doi: 10.3389/fcvm.2022.866113. eCollection 2022

[Epidemiologic features and management of hypertension in Tunisia, the results from the Hypertension National Registry \(NaTuRe HTN\).](#)

Abid L, Hammami R, Chamtour I et al. *BMC Cardiovasc Disord*. 2022 Mar 29;22(1):131.

[Prevention of radial artery occlusion with rivaroxaban after trans-radial access coronary procedures: The RIVARAD multicentric randomized trial.](#)

Hammami R, Abid S, Jihen J, Triki Z, Ben Mrad I, Kammoun A, Slim M, Kacem M, Thabet H, Abdessalem AB, Mallek S, Charfeddine S, Triki F, Hejri SE, Naffeti I, Denguir H, Kraeim S, **Abid L**. *Front Cardiovasc Med*. 2023 Apr 21;10:1160459. doi: 10.3389/fcvm.2023.1160459. eCollection 2023

[A potential oral microbiome signature associated with coronary artery disease in Tunisia.](#)

Bouzid F, Gtifi I, Alfadhli S, Charfeddine S, Ghorbel W, Abdelhédi R, Benmarzoug R, **Abid L**, Bouayed Abdelmoula N, Elloumi I, Masmoudi S, Rebai A, Kharrat N. *Biosci Rep.* 2022 Jul 29;42(7).

[Oxidative stress markers-driven prognostic model to predict post-discharge mortality in heart failure with reduced ejection fraction.](#)

Gtifi I, Abdelhedi R, Ouarda W, Bouzid F, Charfeddine S, Zouari F, **Abid L**, Rebai A, Kharrat N. *Front Cardiovasc Med.* 2022 Nov 7;9:1017673.

[Long COVID 19 Syndrome: Is It Related to Microcirculation and Endothelial Dysfunction? Insights From TUN-EndCOV Study.](#)

Charfeddine S, Ibn Hadj Amor H, Jdidi J, Torjmen S, Kraiem S, Hammami R, Bahloul A, Kallel N, Moussa N, Touil I, Ghrab A, Elghoul J, Meddeb Z, Thabet Y, Kammoun S, Bouslama K, Milouchi S, Abdessalem S, **Abid L**. *Front Cardiovasc Med.* 2021 Nov 30;8:745758

[Epidemiology of heart failure and long-term follow-up outcomes in a north-African population: Results from the NATional Tunisian Registry of Heart Failure \(NATURE-HF\).](#)

Abid L, Charfeddine S, Addad F et al. *PLoS One.* 2021 May 20;16(5):e0251658

Describe previous experience within the HFA, ESC and/or your National Cardiac/ HF Society

When I was president of the Tunisian Society of cardiology and CV surgery, we organised common session between the ESC and the STCCCV in our national meeting and in the ESC congress

We translated ESC guidelines to French

I'm the guidelines coordinator of my national society

I'm a reviewer of many ESC guidelines (dyslipidemia, cardiooncology, atrial fibrillation, heart failure...)

Organizing common webinars with the ESC

I attended the sprint ESC meeting

I will organize the "HF course" in Tunisia in the 9th and 10th of March in Tunis. These courses will be animated by the members of HFA board. It's a collaboration between the Tunisian society of cardiology, Tunisian college of cardiology and the ESC-HFA

Why are you motivated to join the HFA Board or Nominating Committee?

150 words maximum

I served in several positions in our society as General Secretary 2016-2018 and As president 2018-2020. These positions helped me to realize the challenges and difficulties that face the cardiologists in the region (North Africa (Maghreb), Africa and Middle East). Namely; financial constraints in health system, poor contribution in global medical research, and high cardiovascular morbidity and mortality especially in Heart failure which is responsible of Heavy morbi-mortality in Tunisia. The Africa and the Middle East represent an important region for the ESC and it is essential to include them in the board of the HF-ESC to assure diversity in the representation of all regions in the Board. My vision is to help all countries to gain the same benefits and to actively share in all the activities of the ESC-HFA.

How will you combine your HFA position with your daily clinical/research workload?

80 words maximum

My main motivation to candidate for the ESC-HFA nominating committee is to enforce active participation of the African national societies in ESC-HFA research and educational activities, to

better characterize cardiovascular morbidity in Africa , and to decrease the gap between North/ West Europe and African countries in cardiovascular research especially in HF. If I got elected, I plan to (1) enhance exchange programs for young cardiologists between North African ESC member Societies and North/ West European centers of excellence (2) promote the establishment and recognition of centers of excellence in north Africa (3) strengthen the collaboration between north African and other European centers in conducting prospective clinical research.